

## About Alzheimer's Society

Alzheimer's Society is the UK's leading support and research charity for people with dementia, their families and carers. We provide information and support to people with any form of dementia and their carers, through our publications, National Dementia Helpline, website, and about 3,000 local services. We campaign for better quality of life for people with dementia and greater understanding of dementia. We also fund an innovative programme of medical and social research into the cause, cure and prevention of dementia and the care people receive.

For more information about dementia and the support available, visit [alzheimers.org.uk](http://alzheimers.org.uk) or call the National Dementia Helpline on 0300 222 1122.

[alzheimers.org.uk](http://alzheimers.org.uk)

## For more information about the service or to receive support from a Dementia Navigator, contact:

Alzheimer's Society  
New Haw Community Centre Annexe  
65 Woodham Lane  
New Haw  
Addlestone  
Surrey  
KT15 3ND

T: 01932 855582  
E: [surrey@alzheimers.org.uk](mailto:surrey@alzheimers.org.uk)

You can get in touch with us Monday to Friday between 9am – 5pm

# Our Dementia Navigators support people living with dementia across Surrey



If you're living with dementia or caring for someone with dementia, our Dementia Navigators are here to provide information and support.



## What is the Dementia Navigator service?

We know that a diagnosis of dementia can raise questions and practical challenges. Each person experiences dementia differently, so their information and support needs can vary.

Our Dementia Navigators are here to provide you with information, guidance and support to help you live well, whether you have dementia or are caring for someone with dementia. They'll make sure they fully understand your unique needs and circumstances so you get the right information and support for you.

## What support can we offer?

Our specialist Dementia Navigators can provide:

Information and guidance including information about diagnosis, all aspects of living with dementia, legal rights, welfare benefits.

Signposting or referring to national and local Alzheimer's Society services and external organisations.

Practical support to help you cope with the day to day challenges of living with dementia.

Emotional support to help you work through any difficult feelings about your circumstances.

## How does it work?

You can refer yourself to our service or you may be referred by your GP, other health or social care professionals, or other organisations. (See our contact details overleaf).

As a first step one of our Dementia Navigators will get in touch to find out about the support you may need. Further support and information can be provided over the telephone or, if required, through a face to face meeting at your home or other suitable location.

You can contact your Dementia Navigator as often or as little as you want, to make sure you get the right support at the right time for you.

## Other services in Surrey

Your Dementia Navigator can direct you to other support services in your area, such as:

- Singing for the brain®
- Dementia Cafés
- Activity groups
- Peer support groups
- Carers' Information and Support Programme
- Day care and support

**“I feel relieved! Having someone to turn to for advice and support is a great help to me.”**

Carer

**“I was worried out of ignorance not facts – it has been helpful.”**

Person with dementia